

Resources for Children and Adults with Disabilities: Activities and Recreation

(UCP does not endorse or recommend any specific programs, but here is a list to help you in your search.)

Dance and Movement:

The Dance Arts Center in St. Joseph (downtown) has a special dance/creative movement class for children with physical disabilities. Beyond Dance Class, ages 5 and up
<http://www.thedanceartscenter.com/>. Dancers will experience the benefits of movement, music, and self-expression. Our goal is provide an environment where children regardless of disability can participate in the art, discipline, and joy of dance. *There is no charge for Beyond Dance.
Tuesdays, 11:15 to 12:15. Dance Arts Center: 233-5442, 1902 Jules

Turning Point is a new dance studio in St. Joseph, located on the North Belt, near Once Upon a Child, and they welcome children with all ranges of abilities. 816-390-6966.

Horseback Riding:

Soaring Hope Equestrian Center is located just a few minutes from St. Joe, in Easton. They offer Equine Assisted Therapy. They are a registered member of the North American Riding for the Handicapped Association (NARHA).

Rising Son Youth Ranch – www.risingsonyouthranch.org; address is 3252 SW Warnicks Rd , St Joseph , MO 64504 ph. 816-238-1057 or 816-261-3948

Adapted Skiing:

Snow Creek in Weston, Mo., offers adapted skiing. The resort should open on Dec. 11. Phone: 816-640-2200. Web: www.skisnowcreek.com. They have adapted equipment, and the program is offered Thursday evenings and Sunday mornings – but you must call and make a reservation before you are coming. You will also need to talk to the staff about the equipment to see if they have what you need on-site or if you would need to purchase it to bring with you.

Camps and Sports:

Special Olympics (St. Joseph office)_Call Katie Hrenchir at 233-6232, office is downtown at 520 Francis.

Camps: There are several in Missouri –Some are in the KC region! See the listing on the Links and Resources page.

Boy Scouts:

Grace Evangelical Church in St. Joseph has a Boy Scout troop for children with disabilities. 5103 South 50th (FF Hwy). Phone: 816.279.2090. It is Troop 700. You may call the church for contact info, or email to the minister, Darrell Jones, to request info: darrell@graceontheweb.org

New “Learning for Life” Scout Troop: For boys and girls, ages 3 and up, with or without disabilities. The troop plans to meet 3 Saturdays per month, and encourages parent involvement. Siblings are welcome to attend the meetings, and/or a friend of your child. An adult (which doesn’t always have to be a parent) is required to stay at the meeting with your child. [For more information, contact](#) Teresa and John at (913) 396-2716.

Parent/Support Groups:

Autism Alliance of NWMO: The Autism Alliance of NWMO is a community organization comprised of dedicated individuals committed to the development of a network of resources targeted toward fostering an informed community that facilitates the independence, acceptance, and emotional well-being of individuals with autism spectrum disorders through their entire life span.
www.nwmoautismalliance.org or call Lisa Gray at 816-390-8019.